



# SUCCESS WITHOUT SACRIFICE:

## HOW TO GROW YOUR BUSINESS WITHOUT SACRIFICING YOUR WELL BEING

In a culture that values productivity above all else, what would it look like if we valued slowing down more and took no action in our businesses until we were feeling good ourselves first? What if you allowed yourself to sleep in until your body naturally woke up, to play until you laughed yourself silly, and to only work with people who light you up?

In this highly interactive program, you'll learn the 4 steps to simplify and declutter every area of your life from Julie's book, "Free to Fly: Manifest the Life of Your Dreams," so that you can experience the freedom you desire in your business and your life. By prioritizing play and feeling good you'll experience greater profits in your business and fulfillment in your life.

### AS A PARTICIPANT, YOU WILL:

- Understand how to prioritize feeling good yourself first so that you can show up more fully for your clients and loved ones
- Get clarity on the action steps to take to simplify your own life
- Ramp up your excitement for your work by getting ideas on how to make it more fun
- Get clarity on how to create stronger boundaries between your work and personal life
- Receive the vision of what wants to be created through you next



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### WHAT CLIENTS HAVE TO SAY

“I was thrilled to have Julie speak at my Superstar Summit. She had a wonderful presence onstage, her passion was moving, and her message about leveraging your gifts instead of trading time for money was inspiring for my audience. The feedback was excellent and showed she was a crowd favorite. I would put her back on my stage without reservation and recommend her to any conference looking to activate their creative audience!”

-Michelle Villalobos, Author, Speaker & Superstar Activator

“We had overwhelmingly positive feedback from Julie's abundance presentation. The audience was moved in deep ways. Her presence with us was such a gift.”

-Katie Gutierrez, Lead Designer, Errez Design

“While working through Julie's program, I pre-sold my highest collection!!! Before I took her program, I had a limiting belief that I was taking people's hard-earned money...Now I realize that they have a choice and that they chose me. I now feel honored, blessed, and worthy of their choice. I'm so grateful for this program and change in mindset!”

-Paige Bergeron, portrait photographer